

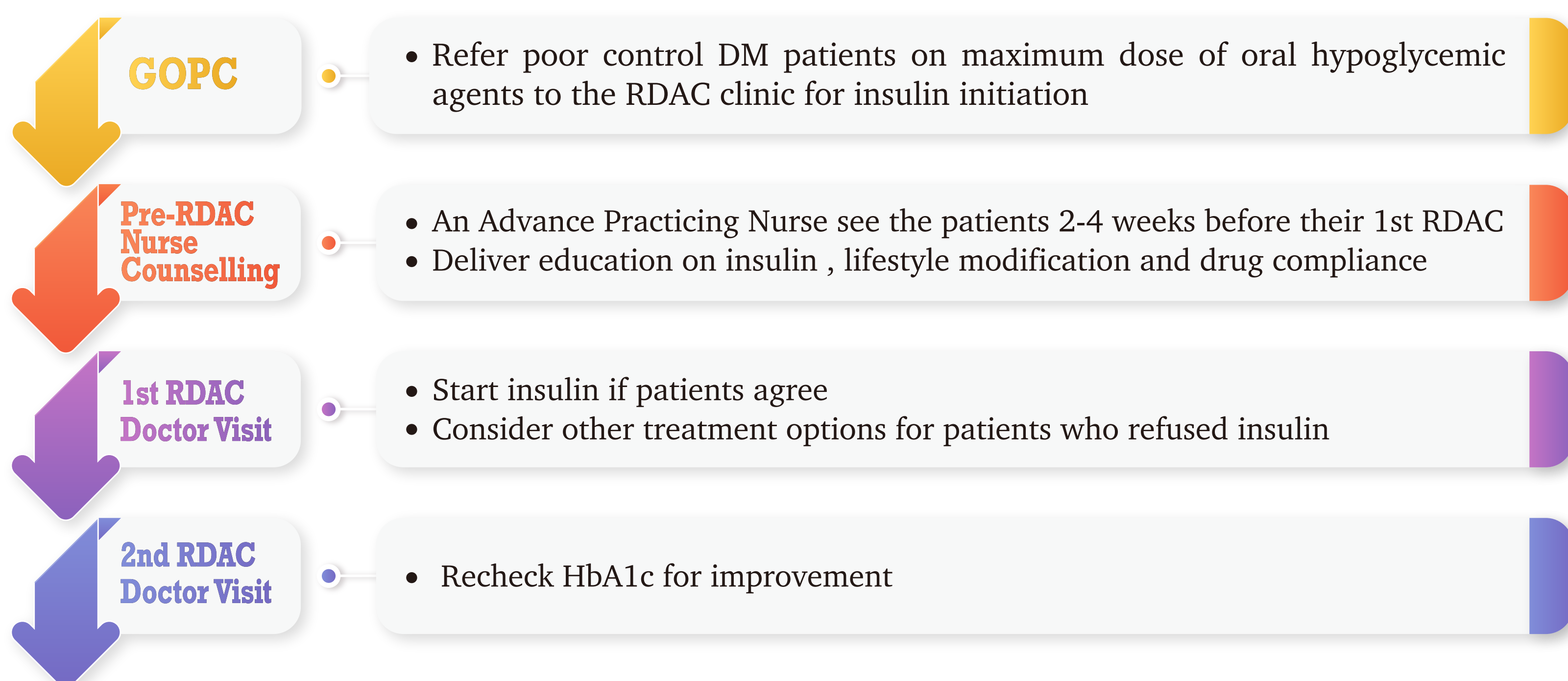
The effectiveness of nurse counseling session before doctor consultation for insulin initiation

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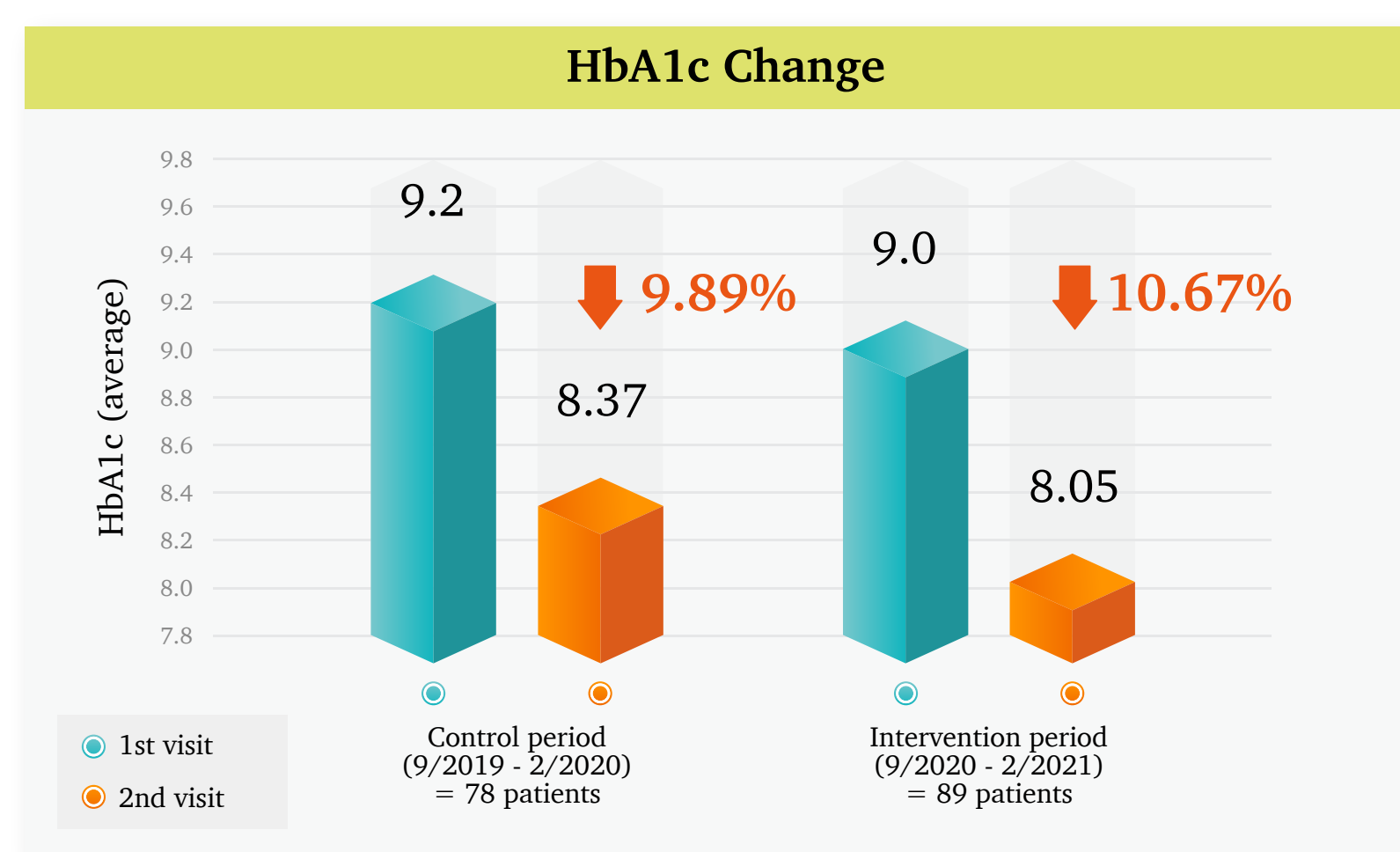
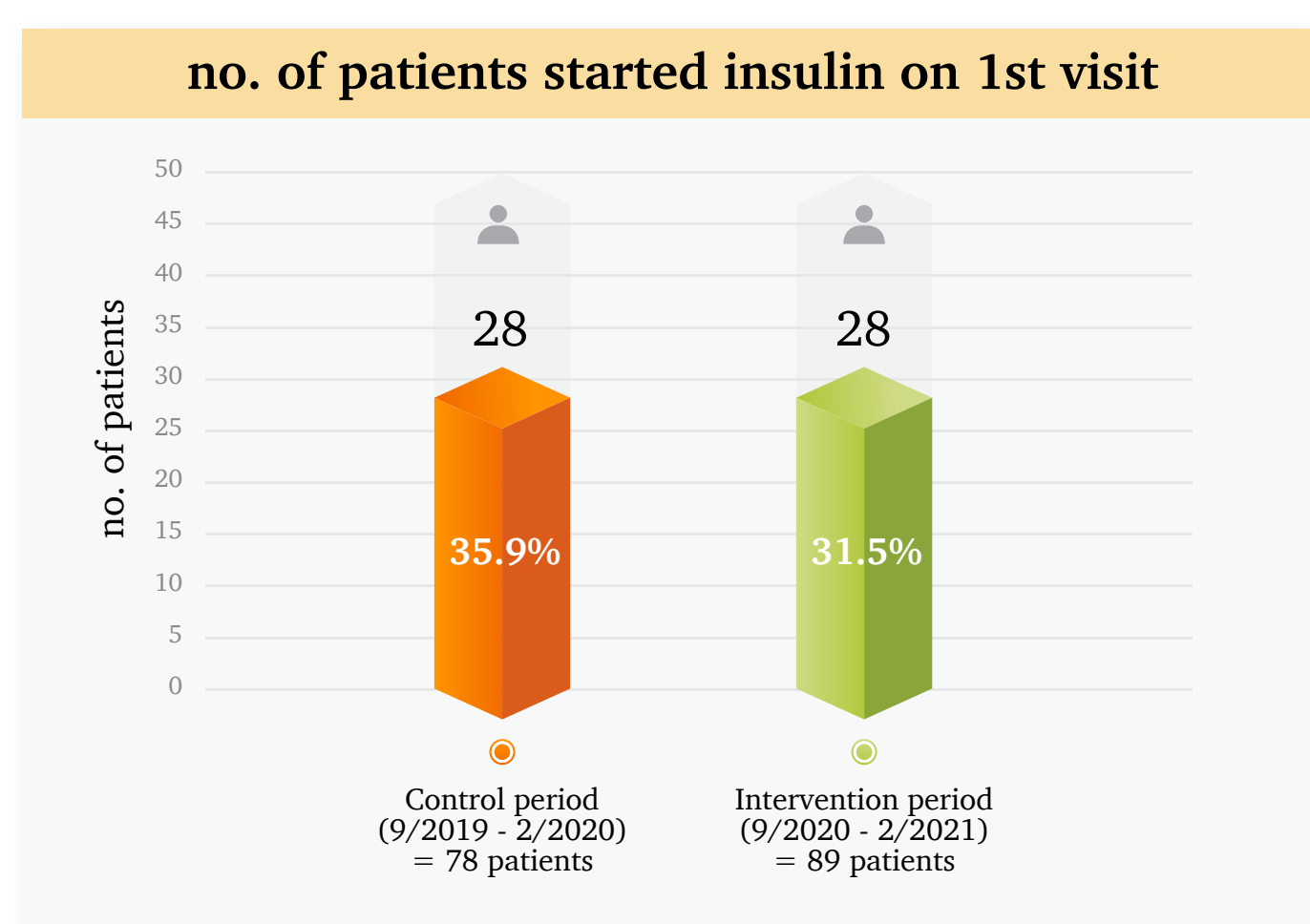
Introduction

Patients with poor DM control despite on maximum oral hypoglycemic agents are difficult to manage at the general outpatient clinic. Therefore, we piloted a nurse clinic since 1st September 2020 to provided counseling focusing on insulin preparedness, lifestyle modification and drug compliance in order to improve insulin acceptance and disease control for these patients.

Method



Results



Conclusion

Although the pre-RDAC intervention showed no significant change in the success rate for insulin initiation at first RDAC visit, the nurse counseling related to lifestyle modification and drug compliance may help to improve the HbA1c control.