

Advanced Practice Nursing Strides Through the Storm of Coronavirus Disease COVID-19: Training Transforms Global Risk in Primary Care Perspective

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Introduction

Fear of death is a common human experience which is expressed as a tremendous pain and resistance especially for patients with Coronavirus Disease COVID-19 and their family members. On 13 May 2021, the cumulative deaths due to COVID-19 in Hong Kong and Mainland China are 210 and 4636. Whereas the cumulative deaths in UK, US and whole world are 576,149, 1,038,226 and 3,320,099 respectively. Numerous researches studies have been done in past few decades on people who were clinically dead but returned to life. They described experiences of a transcendent state of conscious existence beyond the physical world, meeting their deceased relatives and come back with a conviction that life exist after physical death. Many of them have been studied through the scientific method and are evidential. ^{1,2,3} The knowledge of these research findings has helped to alleviate the anxiety and pain related to death and loss.

Methodology

Aim

Train up nurses to care for family members of those who die of COVID-19 and to alleviate their fear of death and pain of grief.

Objective

To enhance participants’ acceptance of death through disseminating knowledge of evidenced based information on Near-Death Experience (NDE) research findings so that they can be more effective in supporting the dying and the bereaved.

Method

Educational Training programs on NDE were conducted to help nurses to develop evidence-based knowledge and skills.

>> Program Objectives

- 1. To develop knowledge on research findings of NDE experience in the last few decades.
- 2. To help participants transcend fear of death and pain of grief.
- 3. To develop a positive death view with evidence-based information on NDE.
- 4. To facilitate sharing of NDE with patients and bereaved relatives as evidence-based information to alleviate the fear of death and the pain of grief.

Results

Selected feedbacks from participants of NDE Training Program

“

Sharing of near-death experience relieves my fear of death.

Death is not so terrible.

I can accept that it can come anytime.

”

“

Information about near-death experience affirms that

life goes on after death

no matter what religion you believe.

”

“

Cases on near-death experience are fascinating. They help me

form new perspectives about life and death.

”

Positive feedback from participants of a NDE Training Program in 2020 was shown in Figure 1.

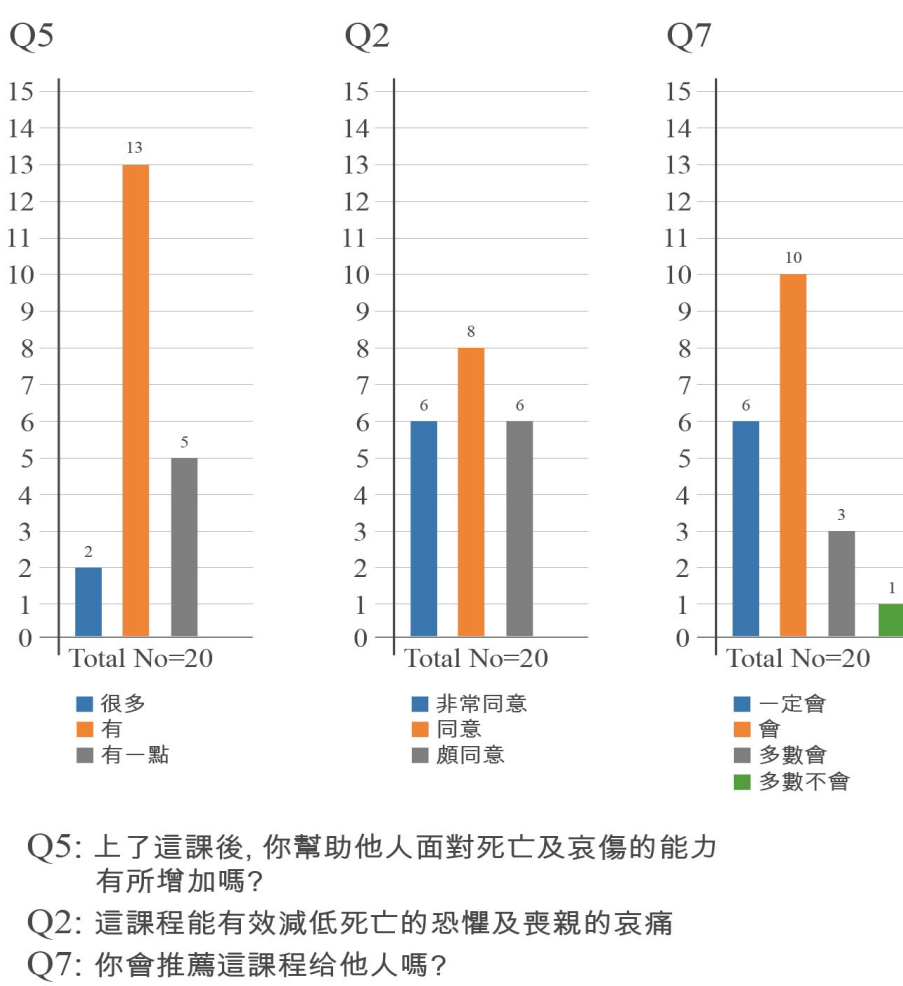


Figure 1: Positive feedback from participants of a NDE Training Program in 2020

Conclusion

The impact of the advanced practice nursing with knowledge of near-death experience in primary care is that nurses can help dying patients who suffered from various illnesses including COVID-19 and their family members effectively and transforms the global risk of tremendous fear of death and inconsolable pain of grief.

Reference

- 1. Long J, Evidence of the Afterlife: The Science of Near-Death Experiences, HarperCollins Publishers; 2011.
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- 3. Van Lommel P, Van Wees R, Meyers V, et al. Near-death experiences in survivors of cardiac arrest: A prospective study in the Netherlands. **Lancet**. 2001, 2039-2045.